

Immerse yourself in a transformative journey of intuitive painting to connect with your future self. Through this healing practice, you'll explore your inner world, gain fresh insights, and re-engage with your present reality with renewed purpose. Let your soul's wisdom flow through your paintbrush, creating art that brings your spirit home. Set your intention and let it guide you as you discover the power of art as medicine.

Sign up now and embark on a creative journey to your authentic self!

## Friday, June 20 1 • 4 pm - Sunday, June 22 • 12 pm

Cost: \$500 Overnight | \$300 Commuter

Meals & Supplies Included | Scholarships Available

Facilitated by Dr. Ann Viernes

In-Person at The Well Spirituality Center

1515 W. OGDEN AVE LAGRANGE PARK, IL 60526 | 708-482-5048



Register with this QR Code or visit our website csjthewell.org