

Examen & Enneagram

Deepen Your Spiritual Journey Through Self Discovery

Embark on a transformative four-week journey of spiritual growth and self-awareness by discovering the synergy between the Ignatian Examen and the Enneagram.

Learn the basics of the Enneagram, identify your core type, and explore how personality patterns shape your relationship with God, others, and yourself. Through the Examen—a reflective prayer practice—you'll gain deep insights into your Enneagram type's motivations, fears, and desires, helping you uncover spiritual blocks and move toward greater freedom and transformation.

Join us for guided reflections, heartfelt discussions, and practical exercises to use the Enneagram as a powerful tool for personal and spiritual growth, offering valuable insights to deepen your self-understanding and connection to God.

Thursdays: June 5, 12, 19, 26
6 – 8 pm CT

Cost: \$100

Facilitated by Brenda Leroux Babin, PhD, CSJ Associate
Zoom

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