

Climate Café

Holding Space for Climate Uncertainty

As the ongoing threat of the climate and environmental emergency becomes increasingly evident, find ways to process and bear the many complex and dysregulating emotional responses that emerge. The Climate Café creates a simple, reflective, empathetic space where fears and uncertainties about the climate crisis can be safely expressed and held.

Wednesday, April 30

10:30 am – 12 pm CT | In-Person

Wednesday, May 7

6:30 – 8 pm CT | Zoom

Cost: FREE

Facilitated by Karina Conrad, CDP, LCPC

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