



## MARGARET SILF: SPRINGTIME RETREATS & PROGRAM

### Through Turmoil to Transformation Retreat:

#### Becoming the Change We Long For

**Wednesday, Mar 20 through Friday, Mar 22**

**Mornings 9 – 10:30 AM and Afternoons 1 – 2:30 PM (CT)**

**Retreat Director: Margaret Silf (On Zoom)**

We are living through times of extreme turmoil as crises multiply and the “old normal” breaks down all around us. Can an apparently catastrophic breakdown become a breakthrough to an astonishing new beginning? The metamorphosis of the caterpillar into a butterfly, through the meltdown of the chrysalis will guide our reflections, and give us grounds for authentic hope that we are being invited to evolve to a higher plane of what it means to be human. Each session will offer a presentation and a brief reflection break followed by an opportunity to share our thoughts and responses. Hybrid • Margaret Silf is On Zoom • Cost: \$300 Overnight • \$225 Commuter (includes lunch, snacks and contemplative space • \$195 Zoom

### Discovering Your Wisdom Years Retreat

**Monday, May 20 through Thursday, May 23**

**Mornings 9 – 10:30 AM and Afternoons 1 – 2:30 PM (CT)**

**Retreat Director: Margaret Silf (On Zoom)**

Our later years challenge us to learn the art of slowing down, letting go and facing our own mortality, but they also surprise us with joy as our perspective changes. We glimpse more clearly the possibilities that the longer view reveals. We discover unexpected gifts that winter brings. Just as we feel we are winding down, we find ourselves called to wake up and embrace the most fulfilling challenge of all – to mature inwardly into our wisdom years. Hybrid • Margaret Silf is On Zoom • Cost: \$400 Overnight • \$300 Commuter (includes lunch, snacks and contemplative space • \$250 Zoom

### Winter Fruiting: Reflections On the Gift of Our Later Years

**Thursday, May 23, 7 - 8:30 PM (CT)**

**Facilitator: Margaret Silf (On Zoom)**

*Co-sponsored with the Siena Center of Dominican University*

An evening for those who have reached the later years of life and are eager to explore, and share, the spiritual fruits of life’s winter season. Just as the winter tree must relinquish its leaves, so we too face the challenge of letting go. And just as the tree’s seeds fall into the ground, to bear new fruit in the future, so our lives too bear fruit, born of experience and matured into wisdom. We will reflect on the nature of that fruit, and the gift that is ours to give to the future. Hybrid • Margaret Silf is On Zoom • Cost: \$10



**Margaret Silf** is passionate about making Christian spirituality accessible to people with no theological background. She is the author of a number of books for 21st century pilgrims who may or may not identify with institutional religion. Margaret is especially interested in the power of story and the way stories shape our lives and attitudes, and in the universe story and our place in it. She lives in Scotland and holds a BA degree in English from London University and a Masters degree from Keele University. Formerly employed as a technical author in the IT industry, she left paid employment in 2000 to devote her time to writing and accompanying others on their spiritual journey, through retreats, workshops and days of reflection.