



SPRING & SUMMER RETREATS

csjthewell.org/retreats/

BOUNDLESS COMPASSION

SUNDAY, MAY 1, 7 PM thru THURS, MAY 5, 4 PM closing session

FACILITATOR: MARY DEAN PFAHLER, SND

Based on Joyce Rupp's *Boundless Compassion: Creating a Way of Life*, this retreat's presentations, discussions, reflection and prayer time will foster space for you to commit to be a compassionate presence in a troubled world. Discover the seeds of compassion planted across faith traditions and found in insights from theology, spirituality, science, sociology, and psychology. \$500/\$420 commuter

BOUNDLESS COMPASSION

FACILITATORS TRAINING WORKSHOP

FRIDAY, MAY 6, 9 AM - 4 PM

FACILITATOR: JOYCE RUPP in person!

Become a certified facilitator. Prepare to incorporate the Boundless Compassion program into your sphere of influence and to share the content in a variety of ways. Open to those who have completed a four-day BC retreat prior to this workshop. \$175/\$80 commuter

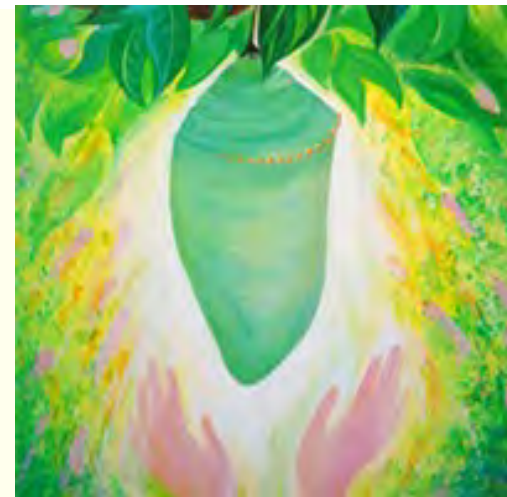
PAINT YOUR SOUL

THURS, MAY 12, 2 PM through

SUN, MAY 15, 3 PM closing session

FACILITATOR: GILLIAN ROMANO

We awaken in an unfolding, magnificent, creative Universe, a gorgeous and living Earth in which we participate! In this retreat we will engage with these creative energies, and with images already within us, through painting and story-telling. For artists and non-artists alike. \$475/\$415 commuter/\$225 Zoom



DIRECTED

SUNDAY, JUNE 12, 7 PM through

FRIDAY, JUNE 17, 4 PM closing session

Retreatants will gather communally every evening and meet with a spiritual director one-on-one each day. \$600/\$500 comm./\$300 Zm. Add Remembering Retreat for an additional \$100.

ALL TIMES LISTED ARE CENTRAL DAYLIGHT TIME

THE WELL offers twenty-one quiet, air-conditioned and well-appointed guest rooms with private baths. Artwork by CSJ artists enlivens all of our spaces. Our library is the largest in the Midwest dedicated to books on the Sacred Universe.

Outside our doors, wander along trails and creeks, through woods, prairies and wetlands, within the fabled Cook County Forest Preserve system. We are a short train ride from downtown Chicago, and a 25-minute drive from O'Hare and Midway Airports. We look forward to your stay with us!



**LIVING IN UNITY
WITH SPIRIT, EARTH
AND ONE ANOTHER**

REMEMBERING THE CHALLENGES, GATHERING THE GRACES, BLESSING THE JOURNEY FORWARD

**SUNDAY, JUNE 12, 7 PM through
FRIDAY, JUNE 17, 4 PM closing session
FACILITATOR: KATHY SHERMAN, CSJ**

Gather with community to embrace the quiet, to ponder music composed by Kathy Sherman on the pandemic journey, and to share stories of how God's Word, with its myriad expressions, has been revealed and celebrated through your life and living. \$600/\$500 commuter/\$300 Zoom. Add Directed Retreat for an additional \$100.

ECO-SPIRITUALITY AFTER COVID-19

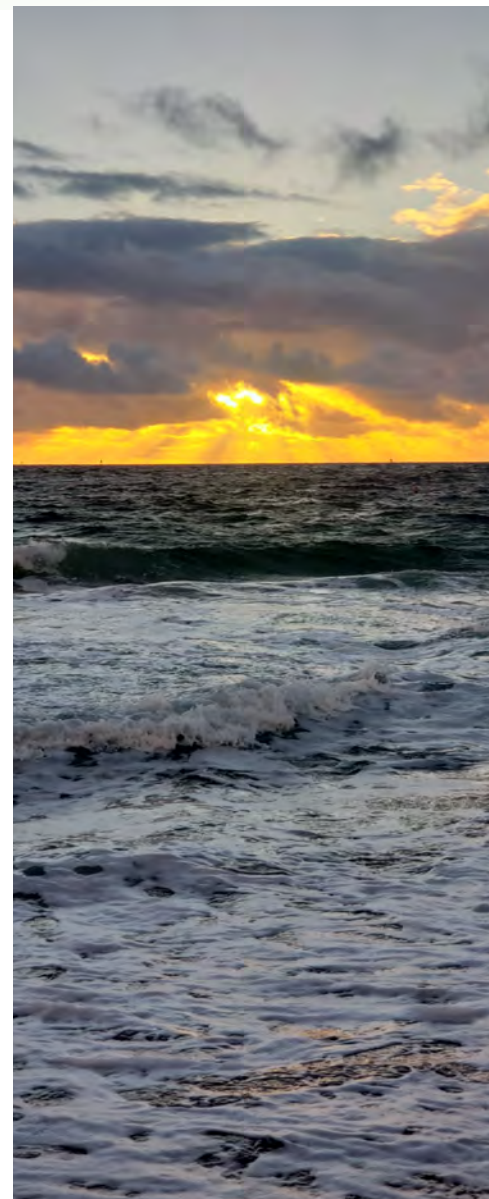
**SUNDAY, JUNE 19, 7 PM through
FRIDAY, JUNE 24, 4 PM closing session
FACILITATOR: DIARMUID O'MURCHU *in person!***

The virus which shook the world has created much social, political, and economic turmoil. Far greater, however, are the theological and spiritual implications, which will be explored in this retreat. Through input, dialogue and small group process, Diarmuid O'Murchu, missionary and social psychologist, will facilitate a participative program. \$600/\$500 comm./\$300 Zm.

MANY VOICES MADE OF LONGING

**SUNDAY, JULY 31, 7 PM through
FRIDAY, AUGUST 5, 4 PM closing session
FACILITATOR: CHRISTINE KOELLHOFFER, IHM**

The poet Rainer Maria Rilke reminds us that our blood is alive with many voices telling us we are made of longing. Their call is to a profound listening so we might mine the divine desire for us as well as our own ache for communion and belonging. How might we serve as fields of healing presence for all creation, for our beautiful yet wounded world? \$600/\$500 comm./\$300 Zm.



The Well is a member of the Congregation of St. Joseph Mission Network.

**The Well Spirituality Center
1515 West Ogden Avenue
La Grange Park, IL 60526**

708-482-5048

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\$30 of your registration fee will be non-refundable.