



DIRECTED

**SUNDAY, JUNE 20, 7 PM thru
FRI, JUN 25, 4 PM closing session**

Give yourself 5 days of “time away” for quiet and reflection, in the safety and comfort of your own home and surroundings. Daily meetings with your spiritual director to fit your schedule, and group sessions in the evenings. \$160

SUMMER RETREATS csjthewell.org/retreats/

BOUNDLESS COMPASSION

SUNDAY, JULY 18, 7 PM thru FRI, JUL 23, 4 PM closing session

FACILITATOR: MARY DEAN PFAHLER, SND

Compassion can change a heart, change a life, change a world. But how? Discover the seeds thru insights from spirituality, science, and psychology in this retreat inspired by author Joyce Rupp’s *Boundless Compassion: Creating a Way of Life*. \$160

LEGACY

SUNDAY, AUGUST 15, 4 PM thru FRI, AUG 20, 4 PM closing session

FACILITATOR: MARCIA ALLEN, CSJ

For those of a certain age, this retreat entertains two central questions: What am I leaving? To whom am I leaving it? Our days will be a combination of reflection time and shared wisdom, exploring ways we can contribute to our world’s flourishing. \$160

HILDEGARD OF BINGEN

FACILITATOR: MAUREEN WILD, SC

SATURDAY, SEPTEMBER 18, 1-3 PM

This mini-retreat will touch on Hildegard’s life & times, wisdom about plants and healing, visions, art, and significance for our times.



The Well is a member of the Congregation of St. Joseph Mission Network.

ALL PROGRAMS ARE
ON ZOOM

TIMES LISTED ARE
CENTRAL STANDARD

SUNDAY, SEPT 19, 1-2:30 PM

Maureen offers a unique spiritual travelogue based on her recent visit to the region Hildegard called home.

Both days: \$30 / Saturday only: \$25 / Sunday only: \$10

